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Main Research Areas:

Theory and Practice of Sports Training, Functional Monitoring and Physical Training Methods of High-level Soccer Players; From 2010-2017, he was engaged in physical training and functional monitoring in several professional soccer teams, including China National Men's Soccer Team, National Olympic Men's Soccer Team, U22 National Soccer Team, etc. In recent years, he presided over 5 research projects related to soccer, and published more than 10 journal papers; his research results were awarded the Second Prize of Science and Technology Award by the Chinese Society of Sports Science.