

Experience

Dates	Job Title	Organisation
Sept 01- Nov 03	Junior/Senior II Physiotherapist Rotational	North Cheshire NHS Trust
Nov 03- April 05	Senior II Physiotherapist (Locum)	Locum agencies
April 2005- Jan 2010	Senior Physiotherapist Musculoskeletal Outpatients	Nuffield Hospital Leeds
Jan 2010-Jan 2011	Senior Physiotherapist	Yorkshire Physiotherapy Network
February 2011- July 2011	Physiotherapist	Leeds United Academy
September 2011- Jan 2016	Physiotherapist	Carnegie Sports Physiotherapy Clinic
Feb 2011-June 2023	Senior Lecturer	Leeds Beckett University
Jan 2016- Jan 2021	Academy Physiotherapist	Manchester United Football Club
Jan 2017-Present	FA medical Tutor	The Football Association
Sept 2021-Present	Future Lioness Pathway Physiotherapist	The Football Association
July 2023-Present	Lecturer in Physiotherapy	The University of Salford

RESEARCH AND OTHER SCHOLARLY ACTIVITY

PhD "Neuromuscular adaptations to barefoot running" year 6 of study

Case Presentation STO annual conference Plymouth 2016 *"Reduction in plantar heel pain and a return to sport after a barefoot running intervention in a female triathlete with plantar fasciitis. Case report"*

Poster presentation BASES conference November 2016 *"The effect of generalised joint hypermobility on rate, risk and frequency of injury in male university-level rugby league players. A prospective cohort study"*

BMJ Open Sport and Exercise Medicine 2017 *"The effect of generalised joint hypermobility on rate, risk and frequency of injury in male university-level rugby league players. A prospective cohort study"*

International Journal of training and Athletic Therapy 2017 ***“Reduction in plantar heel pain and a return to sport after a barefoot running intervention in a female triathlete with plantar fasciitis. Case report”***

Medicine and Science in Sports and Exercise, Conference: AJSM 2019 ***“Barefoot Running As A Treatment For Plantar Fasciitis In The Runner: A Case Series”***

References

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