Rita F. de Oliveira, PhD SFHEA Cpsychol
r.oliveira@lsbu.ac.uk
Associate Professor in Sport and Exercise Science
London South Bank University (LSBU), School of Applied Sciences
ORCID: https://orcid.org/0000-0001-9454-0304

Years	***Qualifications***
2003-2007	PhD Human Movement Sciences, VU University Amsterdam, The Netherlands
2000-2003	MSc Psychology of Sport and Exercise, Technical University of Lisbon, Portugal
1995-2000	MSc Sport and Exercise Sciences, Technical University of Lisbon, Portugal
	Teaching and professional experience
2020 - present	Associate Prof., Sport and Exercise Science, LSBU, UK
2011 - 2020	Senior Lecturer, Sport and Exercise Science, LSBU, UK
2008 - 2011	Lecturer, German Sports University, Cologne, Germany (.25)
2008 - 2011	Postdoctoral Researcher, Royal Holloway, University of London, UK (.75)
2007 - 2008	Postdoctoral Researcher, VU University Amsterdam, The Netherlands
2003 - 2007	Doctoral Research Assistant, VU University Amsterdam, The Netherlands
2001 - 2002	Assistant Lecturer, Egas Moniz Higher Education, Portugal
1999 - 2003	High School Teacher of Physical Education, Ministry of Education, Portugal
	Other Activities
2025 - present	Lead of the Sport and Exercise Science Research Group, LSBU, UK
2022 - present	Chair of the University Ethics and Integrity Committee, LSBU, UK
2019 - 2022	Vice-Chair of the University Research Ethics Panel, LSBU, UK
2016 - 2022	Chair of the School of Applied Sciences Ethics Panel, LSBU, UK
2023 - 2025	Postgraduate Research Director, LSBU, UK
2013 - 2016	Course Director BSc (Hons) Sport and Exercise Science, LSBU, UK
2016 - present	PGR Supervision: 7 Postgraduate research completions
2021 - present	Editorial board member for the International Journal of Sport and Exercise Psychology (IJSEP), Psychology of Sport and Exercise (PSE), and Assoc Editor for Frontiers in Performance Psychology
2012-2013	PGCHE, London South Bank University, UK
	Membership of Professional Bodies
2022 - present	Secretary General European Federation of Sport Psychology (FEPSAC)
2020 - present	Policy and Advocacy Advisory group Chartered Association for Sport and Exercis
2015 - present	Sciences (CASES) Senior Fellow of the Higher Education Academy
	Academic Specialisms
	Sport psychology, Perceptual-motor control, Research ethics, Exercise and health

Recent Selected Peer-Reviewed Publications (of ~50)

Serrano-Estrada, L., Huskinson, M., **de Oliveira, R.F**., Bernabeu-Bautista. A. (2025). Walkability and caregiving support places: exploring urban complexity as a path to mobility justice. Cities & Health. doi: 10.1080/23748834.2025.2531670

Urgun, D., Seidel. J., Vangeli, E., Borges, M., & **de Oliveira, R.F.** (2025). Exploring the impact of cross-cultural training on cultural competence and cultural intelligence: a narrative systematic literature review. Frontiers in Psychology, 16:1511788. doi:10.3389/fpsyg.2025.1511788

Szekeres, Z., Agustín-Sierra, N., Zaidell, L., Mileva, K.N., & **de Oliveira, R.F**. (2024). Insights from older adults' lived experience of physical activity and exercise during the COVID-19 lockdown in England. Frontiers in Sports and Active Living, 6:1395471.

Borges, M., Rosado, A., **de Oliveira, R.F.** (2024). Coaches' Migration: decisions and perceived importance of international experience. Migration and Diversity, 3(1), 1-10.
doi: 10.33182/md.v3i1.3121

Teques, A.P., **de Oliveira, R.F.,** Bednarikova, M., Bertollo, M., Botwina, G., Khomutova, A., Turam, H.E., Dinç, Í., López-Flores, M., & Teques, P. (2024) Social and emotional skills in at-risk adolescents through participation in sports. Sports, 12, 181. doi: 10.3390/sports12070181

Brand, M.T. & **de Oliveira, R.F.** (2023). Perceptual-motor recalibration is intact in older adults. Human Movement Science 87. doi: 10.1016/j.humov.2022.103047

Borges, M., Rosado, A., Lobinger, B., Freitas, F., **de Oliveira, R.F.** (2023). The cross-cultural training needs of football coaches. International Sport Coaching Journal. https://doi.org/10.1123/iscj.2022-0018.

Borges, M., Rosado, A., Lobinger, B., Freitas, F., **de Oliveira, R.F.** (2022). Cultural intelligence in sport: An examination of football coaches' cross-cultural training needs. German Journal of Exercise and Sport Research. https://doi.org/10.1007/s12662-022-00825-y

Broeker, L., Johnson, J.G., **de Oliveira, R.F.**, Ewolds, H., Künzell. S. & Raab, M. (2021). Switch rates vary due to expected payoff but not due to individual risk tendency. Acta Psychologica.

Hull, R., Zaidell, L., Mileva, K., **de Oliveira, R.F.** (2021). This Girl Can, can't she? Perspectives from exercise providers and participants on what factors influence participation. Psychology of Sport and Exercise, 57. https://doi.org/10.1016/j.psychsport.2021.102043

Broeker, L., Ewolds, H., **de Oliveira, R. F.**, Künzell, S., & Raab, M. (2021). The impact of predictability on dual-task performance and implications for resource-sharing accounts. Cognitive Research: Principles and Implications, 6:1. DOI: https://doi.org/10.1186/s41235-020-00267-w

Borges, M., Rosado, A., Freitas, F., **de Oliveira, R.F.** (2020). Portuguese football coaches' migration: Patterns and networks in 2009-2013. Sociología del Deporte.

Broeker, L., Ewolds, H., **de Oliveira, R. F.**, Künzell, S., & Raab, M. (2020) Additive effects of prior knowledge and predictive visual information in improving continuous tracking performance. Journal of Cognition, 3(1): 40, 1–12. DOI: https://doi.org/10.5334/joc.130

Brand, M.T., & **de Oliveira, R.F.** (2017). Recalibration in functional perceptual-motor tasks: a systematic review. Human Movement Science, 56, 54-70.

Cardin, V., Rudner, M., **de Oliveira, R.**, Andin, J., Su, M., Beese, L., Woll, B., & Rönnberg, J. (2017). The organisation of working memory networks is shaped by early sensory experience. Cerebral Cortex, Aug 30:1-15. doi: 10.1093/cercor/bhx222

Gaoua, N., **de Oliveira, R. F.**, Hunter, S. (2017). Perception, action, and cognition of football referees in extreme temperatures: impact on decision performance. Frontiers in Psychology, https://doi.org/10.3389/fpsyg.2017.01479

de Oliveira, R.F., Raab, M., Hegele, M., Schorer, J. (2017). Task integration facilitates multitasking. Frontiers in Psychology, 8, 398. https://doi.org/10.3389/fpsyg.2017.00398