

Curriculum vitae Mette Hansen

PERSONAL INFORMATION

Date of birth (dd. mm. yr): 09.06.1975
Nationality: Danish
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• EDUCATION

2020-2021 Internal on-going Career Development Programme, Health, AU.
2009 PhD: *Effect of oestrogen on protein synthesis in tendon and skeletal muscle - at rest and in response to exercise*. Faculty of Health Sciences, Institute of Sports Medicine, Copenhagen, University (KU). Supervisor: Professor Michael Kjaer.
2003 M. Sc. in Human Nutrition, Copenhagen University, KU.
Master thesis title: *Effect of growth hormone on energy metabolism and body composition in health, lean trained men at rest and during exercise*. Copenhagen University. Supervisors: Professor Arne Astrup & Professor Michael Kjaer.
2000 B.Sc. in Sport and Health, University of Southern Denmark SDU.

• CURRENT POSITION(S)

2012 – Associate Professor, Faculty of Health, Department for Public Health, AU

• PREVIOUS POSITIONS

2009-2012 Postdoc Institute of Sports Medicine, KU
2003-2004 Research Assistance, Institute of Sports Medicine, KU

• MATERNITY LEAVES

1. Feb 2014 – 1. Jan 2015 (11 months) and 1. Aug 2010 – 1. April 2011 (8 months)

• FELLOWSHIPS AND AWARDS

2019: nominated to Aarhus University Jubilee Fund Research Dissemination Award.
2006 Young Investigator Award (1. Prize), European College of Sport Science.
2005, 2006, 2008 and 2012: Oral research competitions at Danish Sports Medicine Society/Scandinavian Sport Medicine Society, (2. Prize in 2012 & 2008, 1. Prize in 2006 and 2005).
2009 3-year Postdoc fellowship from the Independent Research Fund Denmark.
2004 3-year Ph.D. scholarship fellowship from Danish Rheumatism Association.
2003 6 mo scholarship from Danish Rheumatism Association.

• MANAGEMENT EXPERIENCE

Have obtained funding and been PI on 11 projects funded by grants above 500.000 dk.kr.

• FUNDING AS MAIN APPLICANT

17.614.640 d.kr received from various funding bodies including The Danish Council of Independent research – Medical Sciences.
+ Three PhD Scholarships from Innovation Foundation Denmark (1) & Aarhus University (2).
+ My own PhD Scholarship from Danish Rheumatism Association & ½ year salary as research assistant from Danish Rheumatism Association

• SCIENTIFIC FOCUS AREAS

Skeletal muscle adaptation to changes in hormonal status, physical activity, and nutrition.

- **PUBLICATIONS**

H-index 33 and Citations 3966 (Calculated by Researchgate.com Nov 3, 2023).

Publications in peer reviewed journals: 89; Original papers 74. Book chapter: 10. Reviews 13.

- **SUPERVISION OF STUDENTS**

Main supervisor for 4 Ph.D. awarded and one postdoc (2017-22), co-supervisor for 2 Ph.D. awarded. Presently, supervisor for two Ph.D. students and one postdoc (since 2022) in my research group.

- **INTERNATIONAL RELATIONS**

Collaborators

Prof. Stuart Phillips, McMaster University, Canada. Expertise: Protein Metabolism (on-going project)

Prof. Kenneth Smith, University of Nottingham, UK. Expertise: Mass Spectrometry (on-going project)

Prof. Kirsty Elliott, Manchester Metropolitan University, UK. Expertise: Female Endocrinology and Exercise Physiology (on-going project consortium)

Prof. Olivier Seynnes, Norwegian School of Sport Sciences, Norway. Expertise: Tendons (on-going project).

Memberships and steering committees of scientific societies

2021- Member, *The international female athlete network*

2021- Member, *The Female Athlete Project Consortium* (international)

2019-22 Board member in *European Sport Nutrition Society* (ESNS)

2018- Steering group member: *Scandinavian Network for Elite Sport*

2016- Member of Reviewer Panel, *European College of Sports Science* (ECSS)

- **OTHER SCIENTIFIC QUALIFICATIONS**

Organizer of seminar and conferences on top of ESNS conferences

2018 Head organiser of international research seminar, *Scandinavian Sport Nutrition Seminar*, Nov 22 Nov 2018. 100 participants, Denmark

2015 Head organiser of int. research seminar, *Protein, Training & Weight loss*, Nov 25. AU, DK

2012-20, 23- Organizing committee member (until 2017) and scientific committee member (until 2020 and from 2023-), Sports Congress (www.sportskongres.dk). Int. Sport Medicine Congress, Denmark

Institutional responsibilities

2019 – Faculty of Health representative, steering committee, AU Food Platform, AU

2019 – Steering committee, Network for Diet and Nutrition. Faculty of Health, AU

2016- Scientific Evaluation, AU (Two Assistant professor positions. One post doc position. Four PhD Scholarships. Three research assistant positions)

2016- AU expert group for external communication.

2014- Chairman of six Ph.D. dissertation committees at AU.

2020-21 Appointed as member of the Academic Council, AU 2020-21.