

# CURRICULUM VITAE



## Monica Klungland Torstveit (born Klungland)

**Address:** Borghildsvei 42, 4633 Kristiansand, Norge. **Telephone:** P: + 47 916 444 02; W: + 47 38 14 18 31

**Born:** December 12, 1973

**Married to:** Geir Torstveit, born: February 29, 1968. **Children:** Lars Oscar Torstveit, born: August 1, 2005; Ludvig Torstveit, born: August 15, 2007; Linus Torstveit, born: January 6, 2012

## Present academic positions, affiliations

- Professor at the University of Agder, Faculty of Health and Sport, Department of Public Health, Sport and Nutrition. Postbox 422, 4604 Kristiansand, Norway.



- Head of the sport nutrition department and research responsible for the Regional Center of the Norwegian Olympic and Paralympic Committee (region south) [Olympiatoppen Sør].



**Member** of the research group *Sports Performance and Athlete Development Environments (SPADE)* at University of Agder (UIA); <https://www.uia.no/en/research/helse-og-idrettsvitenskap/spade-sports-performance-and-athlete-development-environments>.

**Member** of the *International Olympic Committee (IOC) REDs Expert group* and the *Norwegian Medical Association*.

## Teaching load

As a professor at the university, I have approximately 50% teaching load per year within subjects related to sports nutrition, physical activity and health, health and fitness, and sports performance development.

## Research projects and PhD/Post Doc fellow supervision

I have been principal investigator (PI) for a total of 10 large research projects and have been involved in 19 applications for internal or external research funding. I act as supervisor for students at undergraduate-, master-, and PhD levels. I have supervised approximately 30 master students in sports science or public health science and have been/is supervisor for 12 PhD students and two post doc fellows.

## **Scientific qualifications**

I have published more than 100 papers in peer reviewed journals, as well as written book chapters, presented at several conferences, and presented popular science in various media. A short summary in terms of my scientific contribution can be seen in the publication record below (retrieved November 11, 2024).

## **Publication Record**

### **Google Scholar:**

h-index: 38

i10-index: 75

Citations: 9144

Research items/papers: 153

### **PubMed:**

Papers listed: 86

### **Research gate:**

Research items/papers: 143

Scientific publications can also be found at [www.cristin.no](http://www.cristin.no) (Current Research Information System in Norway).