Prof Richard Davison is an internationally-recognized exercise physiologist with 30+ years of experience. He is the President of the European College of Sport Sciences 2024 Glasgow Congress, a professor of Exercise Physiology and Head of TNE and Mobility at the University of the West of Scotland. His research interests include factors influencing participation in exercise and physical activity, sport participation and disability, cycling performance, and the interaction of aging and cycling. He has published over 60 scientific papers and book chapters, including 27 years as an editor of the BASES Physiological Testing Guidelines. Additionally, he is a Fellow and former Chair and Honorary Treasurer of the British Association of Sport and Exercise Sciences. He also spent 22 years working for British Cycling as a Coach Educator helping to develop their coach education programme. Richard's expertise on cycling performance specifically and his research findings have been applied to coaching riders to win British and World Championships and compete at the Commonwealth and Olympic Games.