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The Study of Koran Coach's Leadership Style in Chinese Taipei Archery Team

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Purpose: Chinese Taipei archery team has achieved international elite performance in recent years. Besides athletes' hard-work training and the intervention of sport science, the coach leadership played as an important factor. Chinese Taipei Archery Association hired Korean coach Koo Ja-Chung during 2013-2017. Chinese Taipei archery team started to reach out top-ranked performance among international tournaments stably, allocated 32 golds, 22 silvers and 33 blonde medals in the international competition within 4 years. Therefore, this study aimed to explore the coach Koo's leadership style by interviewing athletes and coaches. Methods: This study used quantitative research method via semi-structured interview approach (Patton, 1990). The participants were Coach Koo, two assistant coaches, and athletes who coached by coach Koo in national team more than 6 months. The study used triangulation analysis to verify the interview data. Results: The results indicated Coach Koo showed a rather democracy leadership style, so that athletes receive greater autonomy-support behaviors. Meanwhile, Coach Koo gave out feedback for athletes accroding to thier individual needs. Therefore, the athletes formed higher self-recognition and the team created optimum competing climate. The athletes also agreed that Coach Koo established a sense of trust within the team by guiding leadership. Specifically, the support from coach Koo brought great confidence and peace of mind during competitions. Conclusion: the coach Koo's leadership style was identified in this study as a decisive role led to the optimal archery performance worldwide for Chinese Taipei archery team. The leadership style of Coach Koo can be used as a reference for Taiwanese coaches.

Key word: autonomy-support, self-recognition, semi-structured interview, quantitative research

Topic: Mentoring/Coaching

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