

28th ECSS Anniversary Congress, Paris/France, 4-7 July 2023

Concussion awareness in karate children international competitors

Arriaza, R., Martínez de Quel, O., Augustovicova, D.

University of A Coruña

INTRODUCTION:

There is a paucity of information about the awareness of young adolescents and children on concussions.

METHODS:

A survey was conducted during the 2022 Cadets and Juniors World Karate Championships about concussions epidemiology and awareness in 14-15 year old children

RESULTS:

Ninety percent of the registered competitors answered the survey. They belong to 97 different countries. 24.9% of the children stated that they did not know what a concussion is. 5.75 believed that a concussion is a loss of consciousness.

CONCLUSION:

In light of the results, it is mandatory to increase the effort to teach the young karate players what a concussion and their risks are.

Topic: Sports Medicine and Orthopedics

Presentation E-poster

European Database of Sport Science (EDSS)

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