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Concussion awareness in karate children international competitors

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INTRODUCTION:

There is a paucity of information about the awareness of young adolescents and children on concussions.

METHODS:

A survey was conducted during the 2022 Cadets and Juniors World Karate Championships about concussions epidemiology and awareness in 14-15 year old children

RESULTS:

Ninety percent of the registered competitors answered the survey. they belong to 97 different countries
24.9 % of the children stated that they did not know what a concussion is. 5.75% believed that a concussion is a loss of consciousness

CONCLUSION:

In light of the results, it is mandatory to increase the effort to teach the young karate players what a concussion and their risks are

Topic: Sports Medicine and Orthopedics

Presentation E-poster

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